**Dorset Primary School Canteen**  
**Wednesday and Friday only**

### RED - Hot Foods
- Ham & Pineapple Pizza 2.50
- Steamed Dim Sims 60c ea  
  Or 3 for 1.50
- Chicken Strips 5 for 2.50
- Large Pie 3.00
- Party Pie 1.00
- Sausage Roll 2.00
- Party Sausage Roll 1.00
- Hot Dog 2.50
- Hot Puppie 1.50

### GREEN - Sandwiches
- Plain 2.00
  - Vegemite, Cheese, Tomato
- Chicken, Tuna or Ham 2.50
- Chicken & Salad 3.00
- Ham & Salad 3.00
- Tuna & Salad 3.00

### GREEN - Drinks
- Spring Water 1.00
- 200 ml Plain Milk 1.00

### GREEN - Snacks
- Large Gingerbread Man 1.50
- Frozen Yoghurt 1.50
- Yoghurt on a stick 1.50
- Cheese Pops .50

### AMBER - Drinks
- Slush Puppies 1.60
  - PLUS Shocker (limit of 3) .20ea
- Nippy’s milk 1.50
  - Chocolate or Strawberry
- Fruit Juice Box 1.30
  - Tropical, Apple, Orange
- Sonik Flavoured Water 1.50
  - Raspberry, Blackcurrant
  - Lemonade
- Fizzy Water 1.50
- Blizzard Hot Choc 1.50

### GREEN - Wraps
- Large Wrap 4.50
- Small Wrap 3.50
- All wraps come with your choice of salad on a pita tortilla.  
  With choice of Ham, Chicken or Tuna

#### Standard salad consists of:
- lettuce, grated carrot, tomato, cheese, cucumber and mayo

### AMBER - Snacks
- Popcorn 1.00
- Icy Pole 0.50
- “Jumpys” chips 1.00
  - Chicken, BBQ, Salt & Vinegar
- Choc Chip cookie 1.00

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**Go For Your Life Victorian Healthy Canteen Program Guidelines:**

**Green Foods:** Everyday foods. Foods with good source of nutrients. They are low in sugar and salt. These foods help children grow, learn and be healthy.

**Amber Foods:** Everyday/Moderate foods. To be eaten moderately. May contain higher levels of fat, sugar and salt.

**Red Foods:** Sometimes food. To be eaten sometimes in small amounts. These foods don’t provide any important nutrients and can sometimes lead to health problems. No more than 1 or 2 serves in a day is recommended.