

Dorset Primary School Canteen

Open Tuesday, Thursday and Friday

Prices as of 27/10/14

RED - Hot Foods

Ham & Pineapple Pizza	2.50
Steamed Dim Sims	60c ea
Or 3 for	1.50
Chicken Strips	5 for 3.00
Large Pie	3.00
Party Pie	1.00
Sausage Roll	2.00
Party Sausage Roll	1.00
Hot Dog	3.00
Hot Puppie	1.50
Wedges	2.00

GREEN - Hot Foods

Lasagne	3.50
Macaroni & Cheese	3.50
Fried Rice	3.50
Spaghetti Bolognese	3.50

Tuesdays only..

Toasted Sandwiches	3.00
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Bunny Box, consists of a standard salad with Italian dressing	3.00
Add chicken ham tuna or egg	.50

AMBER - Drinks

Slush Puppies	2.00
PLUS Shocker (limit of 3)	.20ea
Nippy's milk	1.50
Chocolate or Strawberry	
Fruit Juice Box	1.30
Tropical, Apple, Orange	
Sonik Flavoured Water	1.50
Raspberry, Blackcurrant	
Lemonade	
Fizzy Water	1.50
Blizzard Hot Choc	1.50
Crazy Lemon	1.30

GREEN - Sandwiches

Plain	2.00
Vegemite, Cheese, Tomato or Egg	
Chicken, Tuna or Ham	2.50
Chicken & Salad	3.00
Ham & Salad	3.00
Tuna & Salad	3.00
Muffins	2.00



Watch out for specials of the week. These will be advertised in the school newsletter.

GREEN - Wraps

Large Wrap	4.50
Small Wrap	3.50
All wraps come with your choice of salad on a pita tortilla. With choice of Ham, Chicken or Tuna	

Standard salad consists of lettuce, grated carrot, tomato, cheese, cucumber and mayo

GREEN - Snacks

Large Gingerbread Man	1.50
Frozen Yoghurt	1.50
Yoghurt Frogs (bag)	.50
Fruit Salad & Custard	2.00
Curly Apple	.50

AMBER - Snacks

Vegie Crackers	1.00
Popcorn	1.00
Icy Pole	0.50
"Jumpys" chips	1.00
Chicken, BBQ, Salt & Vinegar	
Red Deli chips	1.00
Choc Chip cookie	1.00

**** Please provide a paper bag with your child's order ****

All lunch orders must be at the canteen by 10.30 am, either by placing the order in the classroom tub or handing it into the canteen. If your child's order is not placed by 11 am they will have to see their teacher who will make them a sandwich in the staffroom.

Everything will be sent back to the classroom apart from the slush puppies, icy poles and drinks which can be picked up from the canteen between 1.30 - 2 pm.

Go For Your Life Victorian Healthy Canteen Program Guidelines:

Green Foods: Everyday foods. Foods with good source of nutrients. They are low in sugar and salt. These foods help children grow, learn and be healthy.

Amber Foods: Everyday/Moderate foods. To be eaten moderately. May contain higher levels of fat, sugar and salt.

Red Foods: Sometimes food. To be eaten sometimes in small amounts. These foods don't provide any important nutrients and can sometimes lead to health problems. No more than 1 or 2 serves in a day is recommended.