

1<sup>st</sup> of February, 2019

Dear Parents,



## **Grade 5/6 Camp – Weekaway 2019**

**Monday 25<sup>th</sup>– Friday 29<sup>th</sup> March**

The Grade 5/6 Camp at Weekaway, Lancefield is fast approaching.

Staff members attending the camp will be: Laura Rawlins, Brett Speed, Brittany McGinley, Grant Wilkinson, Emily Bowman, Jodi Wilkins, Jason Seymour, Jamey Beggs, Maddie Wright and Ben Graham.

We will be departing Dorset Primary School at 9.00 a.m. on **Monday, 25<sup>th</sup> March, 2019**. Children are requested to be at school at 8.30 a.m. Buses will depart from the top of the school.

As stated on the "What to Bring List" children must bring their own morning tea, lunch and a drink (in a refillable drink bottle) for that first day.

The first day's activities will include an introductory walk around the campsite and Initiative Course.

Activities over the following four days will include canoeing, archery, ropes course, yabbying, flying fox, bush huts, bush rescue, bush cooking and the amazing 'Yabby Person' race!

Evening entertainment will include a night hike, games night, campfire and marshmallows night and a fantastic all-Dorset talent show! All activities are designed to challenge students in a controlled environment with emphasis on fun and co-operative teamwork. The camp will provide qualified instructors for archery and canoeing.

On Friday 29<sup>th</sup> March we expect to **return to school at approximately 2.00 p.m. Regular contact will be made to the school for updated notification.**

Please find attached the following: Medical Form, Camp Agreement and Asthma Management Plan. These need to be returned by Friday 1<sup>st</sup> of March, 2019.

Discussion regarding the Camp Agreement has taken place with the children and they are aware of their responsibilities during their time at camp.

## We would like to remind parents of the following:

- **Packing** Use the "What to Bring" list, and ensure that ***all belongings are clearly labelled.*** Clothing needs to be appropriate for outdoor activities and be sun smart, as per the school's Sun Smart Policy. **Tops to cover shoulders – No singlets, tank tops or crop tops** will be permitted to be worn during outdoor activities. **Please supervise your child's packing.**
- **Sleeping** Sleeping accommodation is dormitory style in bunks. All children must bring a sleeping bag and pillow case. You are able to bring your own pillow if you prefer.
- **Lunch** Children must have a packed lunch and playlunch with a drink in a non breakable container for Monday. Children are to take this with them in a back pack – **please do not pack in luggage.**
- **Medicine** Must be **clearly labelled in a snap lock bag, in the original packaging with instructions and handed to the office** by **Friday 22<sup>nd</sup> March.** This includes Panadol/Nurofen etc **Children are to carry their own asthma puffers if required.**
- **Medical Note** The Medical Note and Camp Agreement attached need to be returned by **Friday 1<sup>st</sup> March, 2019.**
- **Special Diet** If your child has special dietary requirements that will need to be catered for (e.g. food allergies, vegetarian etc) please inform **LAURA RAWLINS** by sending in a note outlining any requirements by **Friday 1<sup>st</sup> March, 2019.**
- **Telephone** In case of emergency, contact with the camp can be made through the school. Children are **not** permitted to take mobile phones. Please note: There is **no** mobile phone coverage at the camp.
- **Personal Items** Cameras are permitted but are the responsibility of the child. (**no ipods / ipads / iphones** etc) There is no need for money to be taken as there is **nowhere** to spend it.

Palma Coppa  
Principal

Laura Rawlins  
Camp Coordinator

# Weekaway

**Camp**



**Agreement**

I ..... promise to observe these camp rules at all times.

I will:

1. Remember good manners and consideration for other people.
2. Always stay in the camp area, unless with a camp leader.
3. Stay with my group when away from the campsite.
4. Help with the work duties of the camp.
5. Co-operate with the camp leaders in all that they ask me to do.
6. Protect the camp environment and surrounding bush areas.

Signed: .....

## **For Parents**

I have discussed this agreement with ..... and am satisfied that he /she understands it fully.

I acknowledge that failure to honour the agreement in extreme circumstances may necessitate him / her being sent home early at my expense.

Signed ..... Phone .....

# "What to Bring"

(Ring school in case of emergency)

1. **Monday** - cut lunch, including drink and playlunch - carry onto bus - **do not pack into suitcase.**
2. **Be at school by 8.30 a.m.**
3. **Bedding:** Sleeping bag, pillow case, pillow (optional).
4. **Clothing:** Neat, but not your best: - please see parent reminder



2 pairs of long pants and 2 pairs of shorts
4 T-shirts/shirts (shirts <b>must</b> cover shoulders <b>and</b> upper arms)
2 warm jumpers
Waterproof coat/parka
8 sets of underwear
Pyjamas
Handkerchiefs/tissues
Tracksuit/dressing gown
Socks (heaps) <i>They get wet!</i>
Sunsmart hat (school hat is ideal – must be broad brimmed)
Bathers (canoeing)
Gardening Gloves – <i>to be used during bark hut building</i>



5. **Footwear:** **Please note: One pair of shoes is not sufficient as they will get wet when canoeing**

Shoes suitable for walking (bushwalking)
Old shoes for canoeing/yabbying, etc
Thongs (for shower)
Shoes for indoor / evening activities

6. **Toilet Bag:**

Soap, face washer, shampoo
Brush/comb
Toothbrush and toothpaste
2 towels – 1 for showers / 1 for water activities
Deodorant ( <b>no spray cans</b> )
Sunscreen (compulsory)
Lip Balm

7. **Torch** – For night walk. (please check batteries)
8. **Plastic Drink Bottle (refillable)**
9. **Cameras** etc are permitted but are the child's responsibility. (**no ipods / ipads / iphones** etc)
10. Indoor game, novel, book. Wet weather activities.
11. Plastic bags - two large bags for soiled clothes (or spare pillow case).
13. Pens, pencils and coloured pencils.
14. Dress-up gear and "props" for concert, (decided on before you go).
15. Must be **clearly labelled in a snap lock bag, in the original packaging with instructions and handed to the office by Friday 22<sup>nd</sup> March**. This includes Panadol/Nurofen etc **Children are to carry their own asthma puffers if required.**
16. Roll on Insect repellent if needed. (**NO SPRAY CANS**)
17. **NO CHEWING GUM** as this is not permitted at the camp.

**ALL ARTICLES OF CLOTHING SHOULD BE CLEARLY LABELLED**

# Confidential Medical Information for School Council Approved Excursions

The school will use this information if your child is involved in a medical emergency. All information is held in confidence. The medical information on this form must be current when the excursion/program is run.

Parents are responsible for all medical costs if a student is injured on a school approved excursion unless the Department of Education and Training is found liable (liability is not automatic). Parents can purchase student accident insurance cover from a commercial insurer if they wish to.

Excursion/program name: **Year 5/6 Camp Weekaway**  
Date(s): **Monday 25<sup>th</sup> March – Friday 29<sup>th</sup> March (inclusive)**

Student's full name:

Student's address:

Postcode:

Date of birth:

Year level:

Parent/guardian's full name:

Emergency telephone numbers: *After hours*

*Business hours*

Name of person to contact in an emergency (if different from the parent/guardian):

Emergency telephone numbers: *After hours*

*Business hours*

Name of family doctor: \_\_\_\_\_

Address of family doctor:

Phone number:

Medicare number:

Medical/hospital insurance fund:

Member number:

Ambulance subscriber?  Yes  No If yes, ambulance number:

Is this the first time your child has been away from home?  Yes  No

## Please tick if your child is living with any of the following health conditions:

Asthma (if ticked complete Asthma Management Plan)

Anaphylaxis (if ticked review and update the Individual Management Plan for the camp or excursion)

Bed wetting

Blackouts

Diabetes

Dizzy spells

Migraine

Heart condition

Sleepwalking

Travel sickness

Fits of any type

Other: \_\_\_\_\_

**Swimming ability**

Please tick the distance your child can swim comfortably.

- Cannot swim (0m)   
  Weak swimmer (<50m)   
  Fair swimmer (50-100m)  
 Competent swimmer (100-200m)   
  Strong (200m+)

**Allergies**

Please tick if your child is allergic to any of the following:

Penicillin                       Other Drugs: \_\_\_\_\_

Foods: \_\_\_\_\_

Other allergies: \_\_\_\_\_

What special care is recommended for these allergies? \_\_\_\_\_

\_\_\_\_\_

Year of last tetanus immunisation: \_\_\_\_\_

(Tetanus immunisation is normally given at five years of age (as Triple Antigen or CDT) and at fifteen years of age (as ADT))

**Medication**

Is your child taking any medicine(s)?  Yes  No

If yes, provide the name of medication, dose and describe when and how it is to be taken.

\_\_\_\_\_

\_\_\_\_\_

All medication must be given to the teacher-in-charge. All containers must be labelled with your child's name, the dose to be taken as well as when and how it should be taken. The medications will be kept by the staff and distributed as required. Inform the teacher-in-charge if it is necessary or appropriate for your child to carry their medication (for example, asthma puffers or insulin for diabetes). A child can only carry medication with the knowledge and approval of both the teacher-in-charge and yourself.

**Medical consent**

Where the teacher-in-charge of the excursion is unable to contact me, or it is otherwise impracticable to contact me, I authorise the teacher-in-charge to:

- Consent to my child receiving any medical or surgical attention deemed necessary by a medical practitioner.
- Administer such first-aid as the teacher-in-charge judges to be reasonably necessary.

Signature of parent/guardian (named above) \_\_\_\_\_

Date:

The Department of Education and Training requires this consent to be signed for all students who attend government school excursions that are approved by the school council.

**Note:** You should receive detailed information about the excursion/program prior to your child's participation and a Parent Consent form. If you have further questions, contact the school before the program starts.