9/4/2019 Hummus



0:10 Prep • Makes 3 cups • Capable cooks



S ON SPECIA

Hummus

Make your own version of this classic chickpea dip. It's perfect for entertaining. **INGREDIENTS** ☐ 1 teaspoon ground cumin ☐ 2 tablespoons tahini paste (see note) ☐ 3 garlic cloves, crushed ☐ Juice of 1 lemon **(\$)** ☐ 1/4 cup (60ml) water ☐ 100ml olive oil, plus extra to serve ☐ Baby coriander leaves, to serve ☐ Turkish bread, toasted, to serve **METHOD** Place the chickpeas, a pinch of salt, cumin, tahini paste, garlic and lemon juice in a food processor and process until combined. Add 1/4 cup (60ml) of water and process Step 1 With the motor running, drizzle in the olive oil and process until quite smooth. Step 2 $Place\ hummus\ in\ a\ bowl,\ drizzle\ with\ extra\ olive\ oil\ and\ scatter\ baby\ coriander\ leaves\ over\ the\ top.\ Serve\ with\ toasted\ Turkish\ bread.$ Step 3

NOTES

^{*} From health food stores and selected supermarkets.