Mint Yoghurt



Ingredients:

 2 cups natural yoghurt

 2 cloves garlic

 ¾ cup chopped mint

 4 tablespoons lemon juice

 Pinch of salt (to taste)

What to Do:

 Wash and finely chop the mint leaves

 Peel and crush the garlic into a bowl and pour over the lemon juice and

sprinkle over some salt. Leave to stand for a couple of minutes.

 Mix the yoghurt, garlic, lemon juice, salt and chopped mint until combined.

Taste and add salt or more lemon juice if necessary.

 Serve the mint yoghurt on the plates with the pizza and couscous.